



Nutrition Analysis

Nu-LIFT™

Amounts per 100g

BASIC COMPONENTS	AMOUNT
Calories	103
Total Fat	0g
Saturated Fat	0g
Monounsaturated Fat	0g
Polyunsaturated Fat	0g
Trans Fat	0g
Cholesterol	0g
Total Carbohydrates	64g
Total Dietary Fiber	76g
Soluble Fiber	51g
Insoluble Fiber	25g
Protein	0g
Ash	25g
Water	11g

VITAMINS / MINERALS	AMOUNT
Vitamin D	< 5 IU
Calcium	2250mg
Iron	6.1mg
Phosphorus	< 100mg
Potassium	103mg
Sodium	8760mg



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